

# SWISD CURBSIDE

## COOKING AND HEATING INSTRUCTIONS

### WAFFLES, PANCAKES, FRENCH TOAST

#### In the Microwave:

1) Heat for 30-45 seconds, or until internal temperature reaches 135F.

#### In the oven:

- 1) Pre heat oven 350F.
- 2) Place food on a sheet pan. Bake for 3-5 minutes or until internal temperature reaches 135F.

### BREAKFAST PIZZA

#### In the oven:

- 1) Pre heat oven 325F.
- 2) Place pizza directly on center oven rack. Heat for 7 to 10 minutes or until cheese is melted and crust edges are golden brown or until internal temperature reaches 165F.

### CHICKEN SAUSAGE BITES

#### In the oven:

- 1) Pre heat oven 350F.
- 2) Place pieces in a single layer on a sprayed sheet pan. Heat for 9-11 minutes or until internal temperature reaches 165F.

**Store meals in the refrigerator within 2 hours. Discard any leftovers within 3 days. Some foods will need to be heated to 140 - 165°F prior to consuming. REMINDER: Hot foods, such as entrees, should be kept hot (>140°F). Cold foods such as milk & cheese should be kept cold (< 40°F). If you have any questions, please call SWISD Child Nutrition Office at (210) 622- 4380. When in doubt —Throw it out**