

# CROSSROADS

# BOOTCAMP

# MENU 2017-2018



All grains offered are whole grain. Each student can choose 2 vegetables and 2 fruit choices with 1 lunch entrée and 1 milk for each day..



"Only I can change my life. No one can do it for me."  
-Carol Burnett

week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger Cheeseburger	Personal Style Pizza	Frito Pie w/Corn Muffin	Chicken Nuggets w/ WG Roll	Pepperoni or Cheese Pizza

week 2

Monday	Tuesday	Wednesday	Thursday	Friday
WG Spaghetti w/Meatballs	Chicken Tenders & WG Roll	Beefy Nachos	Pizza Cheese Sticks w/ Marinara Sauce	Spicy or Regular Chicken Burgers

Menu subject to change due to vendor availability