

## **2020-2021 SWISD Online Form Instructions**

YOU MUST HAVE YOUR PARENT ACCOUNT INFORMATION OR YOUR ATHLETES SCHOOL ID NUMBER AVAILABLE

**Step 1:** (<https://southwestsports.rankonesport.com/Website/Main>)

**Step 2:** Click on **Electronic Forms**

**Step 2:** Select **Proceed to Online Forms**

**Step 3:** Parent Account-Choose one of the following:

- Create a Parent Account
- Sign into your previously created parent account
- Look up my Account
- Complete the Forms without an account

**Step 4:** Complete the

### **ATHLETE INFORMATION/TRAVEL SHEET**

- Fill in every box with the most accurate information
- If it does not apply to you, place “NA” or an “X” in the box
- Please ensure that all parent/guardian & emergency contact information is accurate
- Sign the form in the associated areas using the mouse, then hit submit

### **MEDICAL HISTORY FORM**

- FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT IN ATHLETICS OR MARCHING BAND, IN ANY GRADE LEVEL, WHO HAS NOT PREVIOUSLY COMPLETED A PRE-PARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM AS NOTED BELOW, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.
  - **All incoming 7<sup>th</sup> grade students must obtain a physical for the 2020-2021 School Year**
- **EVERYONE** Must complete the online Medical History Form.
- Answer **Yes** or **No** to the following questions. **For all responses marked YES, a valid explanation must be provided in the space below**
- **Questions 1-22 that are answered YES may require an additional evaluation by a physician or primary care provider.**
- **Answers of YES to question 30 will require a 2020-20201 Asthma Action Plan & an inhaler to be present at all practices or competitions.**

### **UIL ATHLETE PARTICIPATION FORMS**

- Check each of the corresponding box. If you wish to view the associated form, simply click on it.
- Fill out your personal information & sign
- Hit submit
- The students name must match district records, this includes middle names and initials
- If the students school ID number begins with a “zero”, take the “Zero” out
- Every Box for the forms must be filled out. If the information does not pertain to you, place “N/A” in the blank.
- To sign the document, click inside the signature box and hold your mouse down, this will allow you to create an “Electronic Signature”. If you make a mistake and need to start over, click on the refresh icon next to the signature box
- You will receive a confirmation email once the document has been reviewed by the SWISD Athletic Training Staff; this will take some time before the email is sent
- Students are required to use the Pre-Participation-Physical Examination Form provided. **NO OTHER PHYSICAL EXAM FORM WILL BE ACCEPTED**
- **If your son/daughter requires the use of an inhaler, the SWISD Asthma Action Plan form must be completed by the treating physician. You may print this form by selecting the “Printable Forms Tab” at the top of the page**