

Education Service Center, Region 20 Head Start Program

Procedure or Form Title	Parent Engagement Activities to be conducted at each campus to supplement the SWISD parent Engagement plan for Pre-K students
Timeline	Ongoing, throughout the school year
Location of Documentation	Parent Center
Performance	1302.50 Family Engagement
Standard	1302.51 Parent Activities to Promote Child Learning & Development

Procedural Steps		Staff
		Responsible
1.	Read With Me - Children routinely take home a tote bag with books, journals & writing materials to share reading with someone in their family. After the shared reading, the children draw a picture in their journal and parents/guardians write a story as dictated by the child.	TC – Teachers BC - FSA
2.	Nutrition Parade – Parents/guardians and children make costumes that represent their favorite fruit or vegetable. The food service staff conducts a food related lesson with the children and their have the opportunity to taste a variety of fruits and vegetables. The children wear their costumes as they parade through the school for all to celebrate healthy eating. See Nutrition Education & Parade Procedure.	FSA Health, Dental & Nutrition Facilitator
3.	Parent Training Courses – Online training modules – various topics The program offers a variety of training topics to parents through online training modules, to include: 'Child Development Child Discipline Creating a Safe & Healthy Home Emergency Preparedness Employment Success Family Violence Healthy Relationships Managing Your Money Planning Healthy Meals on a Budget Preventative Care for Children School Bus Safety	FSA
4.	Parent Training Courses – Online training modules – nutrition related topics The program offers a variety of nutrition related training topics to parents through online training modules, to include: ✓ Eating Out the Healthy Way ✓ Food Allergies in Children ✓ Gaining Weight Healthfully ✓ Healthy Snacks ✓ Life Style Habits to Promote a Healthy Weight ✓ Overcoming Picky Eating ✓ Physical Activity ✓ Preventing Iron Deficiency ✓ Sugar Sweetened Beverages	FSA March 2020/CM



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	ead Start Program
Parenting Education – Love & Logic Curriculum - Throughout the school year, parents have the opportunity to attend a variety of parenting education topics as selected by the majority of families. As appropriate, parenting education materials are provided for families.	FSA
Staff Training to Present - FSA staff are trained to present the Love & Logic parenting education. They receive annual refresher training each summer at ESC-20. If the FSA is a new hire and missed the annual training, they are provided an overview by the Community & Family Coordinator to prepare them to present. Also a mentor FSA staff can be made available to support them if necessary.	
Volunteering in the Classroom - Parents and community members are encouraged to volunteer in the classroom. They are first cleared through the Criminal History Inquiry process with the school district, attend volunteer training and complete program paperwork.	FSA Community & Family Coordinator
Parent – Child Home Activities – FSA staff provide teachers monthly activities for the parent/guardian to do with their child at home to extend their learning into the home environment. Teachers also send home activities that are typically theme related to what is being learned in the classroom or a particular skill that the individual child needs more time to work on.	FSA Teachers
Newsletters Sent Home – The program subscribes to Nutrition Nuggets and Early Years newsletters that are printed in English and Spanish to be sent home each month. The newsletters provide ideas for parents to use at home. The program also sends home a San Antonio free magazine called Our Kids.	Office Manager Community & Family Coordinator FSA
Transition to Kindergarten - The last Parent Committee meeting of the school year features Transition to Kindergarten as the primary topic. This information is also provided by the classroom teachers during their last home visit meeting with parents.	FSA Teachers
Program Governance Training - Parents are trained in Parliamentary Procedures / Robert's Rules of Order at the first Parent Committee meeting. Policy Council is also trained regarding their specific roles and responsibilities.	Community & Family Coordinator
Parent Committee Meetings - Parents have the opportunity to attend Parent Committee meetings six times per school year to discuss local issues and attend a parenting education topic. This activity supports program governance.	Community & Family Coordinator FSA
Policy Council Meetings - Parents are encouraged to participate in the monthly Policy Council meetings as a representative of their site. This program governance activity gives a voice to parents as they guide the direction of program design and	Community & Family Coordinator
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